

## **MISSION STATEMENT**

**The Hudson Senior Center's mission is to provide services for persons 55 and over and their spouses, regardless of age. The Center is a social environment which provides support, education, nutrition and entertainment for elderly persons in Hudson and the surrounding area. It will promote the physical, intellectual, emotional and economic well being of older adults and those with disabilities. We will promote their participation in all aspects of community life by providing the opportunities listed above. The overall mission is to enrich the quality of life and support independence and vitality for seniors.**